



Systemic Constellation applied to the Brain

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Systemic constellations have the aim of enabling inner images, metaphors, relationships and the structure of systems to be visualised or made accessible to the consciousness. The process consists of a preliminary conversation between the client and the coordinator, after which the client chooses so-called representatives for the persons, structures, themes etc. which are to be addressed by the constellation and places these representatives in specific positions in the room. The result is a dynamic depiction of the system or organism under investigation. Its internal spatial connections, its overall structure and the insights and observations of the human representatives in their various positions combine to enable the type of problem, the conflicts and the blockages involved to be recognised and then resolved through appropriate intervention.

This type of approach was originally developed in the context of family constellations, but has since been widened to include many other types of constellation. These include constellations of external systems such as firms, organisations, teams or social relationships, internal systems such as symptoms, systems of organs, personality aspects, values etc. and also various abstract constellation forms such as ones designed to identify and clarify aims and intentions.

The intention of this experiment of a systemic constellation applied to the brain structure is to demonstrate that an internal blockage within the brain can be visualised and altered by the application of various techniques. Kinesiological tests before and after the constellation will be conducted in order to show the effects.

I should like to point out that the word 'systemic' as used here not only indicates the representation of a symptom, structure or blockage in a wider context, but also the aim to "desist more and more from ascribing attributes to individual elements of the system" (Professor Matthias Varga von Kibed). In other words, a symptom is not to be regarded as a characteristic of a client, but

rather as the manifestation of an ability under certain conditions. Thus a change in the conditions or the context can cause the symptom to change or disappear.

I should like to express my personal thanks to all kinesiologists, constellation coordinators and „systemicists“ who have made their knowledge, research and work available to the public, so that all may benefit from it.

For further information about constellations, please visit the Downloads section or the section on systemic constellations under www.klaus-wienert.de.

I should like to wish you, dear reader or member of the audience, many valuable insights and potential for joyful progress on all levels.

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